

The Paseo Club

Valencia

Newsletter

Volume II No. 4

www.thepaseoclub.com

April 2004

Top Seed Interclub a Huge Success!

Spring is here and the club is in full swing! We are gearing up for summer with camps, events, tournaments, and socials and of course the beautiful pools at the Paseo Club. We are planning on movie nights by the pool on Friday night, Saturday night band nights with some of the local musicians performing under the summer night stars and finally the club championships.

This past month we had the **Top Seed Interclub** with members from The Paseo Club, North Ranch and Calabasas enjoying drills, match play and cheering on their favorite tennis professionals. The team of *Desi McBride* and *Brad Sceney* were victorious over *Troy*

Budgen and Grant Doyle from **NRCC**. Also competing were *Jonas Wallgard* and *Michael Tebbutt* from **CTSC**. We are very fortunate to have such great coaches and players here at The Paseo Club!

We are in the process of developing a member's website that will have more information than our present site. We will have the ability to update leagues, socials, tournament results, health club information and Paseo café food specials. Our goal is to have the ability to inform the members of all activities and updates at the club so everyone may get involved. Look for details coming in the next couple of months!



A Word from the General Manager

As I walk around the pool deck on Saturday and Sunday afternoon and see all the happy faces enjoying the pool, I am amazed at the friendliness of this entire community. We could not have picked a better place to have the type of club we have dreamed of building. As you hopefully all know, our mission is to create memories, but I want to take a moment to thank all of you for the memories you are creating for me, my partner, and our entire staff. You are all so positive and helpful and we really appreciate it.



Desi McBride

As you know, we have spent a great deal of time planning events, programs and parties for your enjoyment and these events are a critical component in creating memories. As important is the look and upkeep of The Paseo Club. To that end, I would like to bring you up to date with some additional improvements we have made and what we are preparing for this summer.

- We have just hired a janitorial service to thoroughly clean the clubhouse and locker rooms every day.
- We have had the tennis courts touched up where the paint has been chipping and are almost completed with the task of replacing every single light fixture on our courts. We should have excellent lighting on every tennis court.
- We have received quotes and are looking to fix the treadmill circuit problems.
- We have doubled our pool towel order so we will have plenty of pool towels.
- We are about to get shampoo & body wash dispensers for the locker room showers.
- We have also added hooks in the handicapped showers and are getting a bench put in for a gym bag.
- Finally, we are getting shower curtains for the handicapped stalls to provide much needed privacy.
- We have hired Stay Green, Inc. to oversee our landscaping maintenance to ensure and enhance the beauty of the club.

As you can see, there are so many wonderful things happening with the facility and it is my goal that The Paseo Club provides a breathtakingly beautiful experience on each and every visit.

If you have any questions, comments or suggestions, I would greatly appreciate hearing them.

See you soon, *Desi McBride*, General Manager and Owner

Membership & Events

Membership is going extremely well with the club selling 83 memberships for the month of March. During the month of April if a member refers a prospect that sign up during the month they will receive a Paseo Hat and be entered in a drawing for a trip to **Shadow Mountain Resort and Spa** rated one of the best tennis resorts in the country! The weekend trip is valued at over \$800 and can be redeemed during the month of May or June. Again, we really appreciate you referring your friends to the club and it is on line with our motto of *"Bringing Families Together"*.



Steve McAvoy

One of our best socials this year was St. Patino Night! The event was an Italian style dinner made by Earlene Hayes and her staff. The food was fantastic and the studio where the social took place looked fantastic. We had over 70 members and their friends come out to the event and everyone had a fantastic night. Just take a look at some of these pictures and you can see for yourself. Don't forget to take a look at the calendar and look for details at the front desk for information on upcoming events.

Warm Regards,
Stephen McAvoy
Marketing Director and Owner



The Paseo Club's Tennis Program

Dear Members,

The weather and the competition definitely heated up during The Paseo Club's Inaugural Mixed Doubles Club Championship held on the 13th and 14th. Congratulations go out to Dana Cuccia and Dave Lanz for edging Jane and Mike Pascoe in the 8.0+ division. Chrys Crable and Richard Gilman took home the 7.0 – 7.5 Division trophy after a 3 set battle over Shelley Friedenbergh and Everett Dehn. I would like to thank those who played and for those who were unable to, we hope to see you participate next year!



Darren Miller

I am happy to report to you all, that the interest in our upcoming Summer Camps has been incredible. We plan on providing the pricing and scheduling to all of you in the following week. Sign up as early as possible as space is limited.

In-house leagues are running extremely smoothly and are heading into the playoffs. Barring any cancellations, the leagues will most likely finish in mid-April. Please be on the lookout for announcements regarding the Summer League schedule.

Lastly, USTA Spring Leagues are just around the corner and several leagues are forming here at the club. Individual members captain the teams but if you are interested in playing, please contact me and I will relay your message on to the appropriate person.

As always, I am here to help and welcome any comments or suggestions.

See you on the courts! **Darren Miller**, Assistant General Manager / Director of Tennis

Fitness Center

Feeling the heat out on the courts? Let the Fitness Department Shower you with our Wet and Wonderful

April Class Schedule.

- **Mon. 9am H2O**
- **Wedn. 9am H2O**
- **Sat. 9am H2O**



Jodi Stokes

Swimming Club Wednesday Nights at 5:30pm (please check the schedule as the running club and swimming club are every other week) Please note that there are some additions and some deletions from the former schedule.

The Results of the St. Patty's Day Walk/Run

(which was actually 3.7 miles)

- 1st Place - **Sharon Smyth** (8:47.36 minute mile)
- 2nd Place - **Chris Baker** (9:50.19 minute mile)
- 3rd Place - **Glenn Baker** (9:50.20 minute mile)
- 4th Place - **Tamara Dowling** (9:50.22 minute mile)

They each won a 1/2 hr training session with a Private Trainer. Prizes were awarded to Chelsea and Ashli Wilfong, Crisitina Cole and Alex Carriles and Clark Stokes for best green costumes.

Now for my Healthy Tip for April

An Orange a Day..... may help keep cancer away. A new study suggests that consuming citrus fruits may reduce the

risk of mouth, larynx and stomach cancers by up to 50 percent. The antioxidant properties of citrus may have a protective effect by strengthening the immune system, inhibiting tumor growth and normalizing tumor cells. Researchers also found that just one extra serving of citrus fruits per day on top of the five servings of fruits and veggies you should be getting every day could also lower the risk of stroke by 19 percent.

With all that said, hurry yourself to the Cafe for Earlene's Orange Blast Smoothie!

Two 12 week programs this Month

- 12 weeks to Mini/Triathlon Training, \$12 for 12 weeks, July 3rd Paseo Club Mini/Tri
- 12 weeks to Tennis Training ask for info at Fitness Desk

Olympic Hurdle hopeful Mark Crear to come to the Paseo Club on April 10th at 11am. Bring cameras and get autographs and wish him well in Athens.

Super Instructor Saturday Spin - Outside Spin with Jen (call for reservations)

Core Training workshop w/ Frank Addelia - April 19th at 7pm in the fitness center.

Healthfully Yours,

Jodi Stokes, Fitness Director



The Paseo Club

Valencia



2004 Calendar of Events

April

- 9th Night Tennis Social
- 11th Easter Brunch and Easter Egg Hunt
- 13th Evening Swim Club Begins
- 17th Pro/Am Tennis Tournament
- 23rd Member/Guest Tennis Social

- 7pm - 10pm
- 10:30am - 1:30pm
- 5pm - 6:30pm
- All Day
- 7pm - 10pm

May

- 1st Cinco De Mayo Tennis & Social
- 8th Mother's Day Tennis Drill & Spa
- 8th Mother's Day Brunch
- 9th Happy Mothers Day Spin and Chocolates
- 15,16 Club Adult Singles Tennis Championships
- 21st Member/Guest Tennis Social

- 5pm - 10pm
- All Day
- 10am - 2pm
- 9am
- All Day
- 7-10 p.m.

Tennis Tips..... G'day members, hope we are enjoying being back out on the courts after some uncharacteristic California weather. Now that we are lets put our foot on the throttle and go full steam ahead to improving our games. An aspect of tennis that has occurred to me recently is watching the way people practice and how they warm-up to play. For example, 2 players are practicing, hitting up and down the center of the court. Will consider this, how many shots do we hit from the center of the court just behind the baseline when we play. NOT MANY!



Brad Sceney

When warming up or just out hitting a few ground strokes, work on staying maybe 6 feet behind the baseline and hitting from there, we do get pushed back there a lot so learn to hit from there effectively. Work on standing 1 foot inside the baseline. Honestly when we play a very small percentage of shots land that close to line, my question is why are we protecting an area of the court where the ball doesn't go very often. Plus you are learning to take the ball on the rise and standing up closer in the court gets you taking advantage of that short ball much earlier.

When we go up to the net to practice volleys, stand on the service line, if you are a serve and volleyer you are going to play a lot of first volleys from there, also it teaches you to be more technically correct from there and you may get in some half volleys that probably never get practiced. So now when we do get those volleys on top of the net, they seem that much easier. Also practice volleys with both people at the net, this way you can work on your reflexes, and we get enough of them in doubles play. Take some time to practice hitting an overhead off the bounce, it is always a great option to a regular overhead and generally easier, so take some time to try it before you test it in a match.

Our goal of playing is to be comfortable about hitting every shot we get, not always possible, but we can at least try. So try to work on the smaller things such as the mentioned above and this will expand your comfort zone all over the court, and now we will never feel out of position or feel like we are hitting foreign shots.

Cheers,

Brad Sceney, Head Teaching Professional



Junior Development

Hello again from the Junior Tennis Department. I am excited to say that four of our top juniors in Tournament Training have been sponsored by Wilson Sporting Goods! Wilson has been kind enough to sponsor Kristoff Kinal, Holly Beaman, Timmy Stein, and Tyler Gottschall for all of their hard work on the court.



Katy Smith

Congratulations to them!!

Just a little reminder to all of our juniors that our after school tennis program for Grand Prix, Challenger and Tournament Training will also be held on Wednesdays. Tuesdays and Thursdays have been extremely successful, so let's make Wednesdays just as big! Please feel free to sign up at the front desk.

I have been impressed to see more and more juniors playing matches. The goal for any junior in our Challenger, Tournament Training, and Super Excellence programs is to take the information they learn in drill class and apply it in a match situation.

One event that takes place once a month is our Saturday Junior Challenge. It is usually held the first Saturday of the month. However, the Saturday Challenge in April will be held the second Saturday of the month. Please contact me with any further questions.

Keep up the hard work!!

Katy Smith, Director of Junior Development

The Paseo Club Café

Summer is coming & entertaining your guests is The Paseo Clubs business to make sure that we build the most amazing memories for you and your family or guests. As your Food and Beverage Manager I am inviting all the members of The Paseo Club to consider The Paseo Café as



Earlene Hayes

your first consideration for parties, dinners, graduations, weddings, anniversaries, retirement parties or just plain getting together with a group of friends for a beautiful poolside dining experience. My personnel background as a caterer as well as owning a restaurant for fine dining in New Mexico the sky is the limit we can make your experience from 2 to 200 the most memorable experience ever. We are also able to prepare meals, trays, and appetizers etc. for you to take home and entertain.

The Paseo Club does not have a set menu with set prices for our events, mainly because we want to make each experience unique as we feel our members are unique and want to personalize each event for your most memorable experience. The Paseo Club can make all arrangements for rental, flowers, music, decorating and serving. Give me a call at 661-257-0044. My staff will take your name and number and I will get back with you to arrange an appointment to discuss the details, from menu planning, to pricing. The Paseo Club is committed to working with you for any and all of your budget needs.

I am looking forward to helping you plan your events.

Sincerely, Earlene Hayes, Food and Beverage Manager

Member Spotlight

Arnold Cadiz is our member spotlight for numerous reasons. One he is both an active USTA tennis player. Two he constantly works out and third he is friendly to everyone at the club. Arnold has two children Ryan and Aaron and along with his wife Nancy enjoys all aspects of the club including the aquatics area and The Paseo Café. He also comes to almost all of the club socials and is willing to play tennis with anyone. Thanks Arnold for being so active and positive. It really makes the club having members like Arnold that bring so much to The Paseo Club.



Employee Spotlight

Betsy Pease has been with The Paseo Club for over a year as our Office Manager and is doing an outstanding job. She has over 20 years of Accounting and Bookkeeping experience and also oversees the front desk staff. She has a great way with people always being helpful and friendly. Betsy also attends the social here at the club and is always willing to help out in any way! She and her husband Steve have two children in College recently moved back to California from the Chicago area. We are very lucky to have such a fantastic and devoted person on our staff.



The Paseo Club *"Bringing the Family Together"*

