

Welcome Spring and the warm weather!!!

The club is full of life and blooming with excitement. We have already had some great activities this past month including the **St. Patrick's Day Social** with tennis, games for kids including a moon bounce, a wonderful dinner by **Alisa Powell** our chef and music by our very own Irish boy **Patrick Barrows** (tennis pro by day and rocking DJ. by night).

We then had a terrific turnout for the **Easter Brunch and Easter egg hunt!** With over 100 members, adults and kids enjoyed a wonderful brunch again prepared by Alisa. Then came the **Easter bunny** and the Easter egg hunt on the

grass above Stadium court. **WOW** what a day!!!

Look for information on line regarding the upcoming socials. Also, if you do not get our **WEEKLY** emails sent out by Desi and the staff then you are not on our email list. Please give your address to Desi and he will add you to our list. For additional information, refer to our website or ask the front desk staff, tennis professionals, personal trainers or managers.

We have so many fun and exciting events planned for this Spring and Summer. We do not want you or your family to **miss out!!!!**



A Word from the General Manager

As I look around on a beautiful day here at The Paseo Club (a rare experience this winter) and see all the different activities going on, I could not be prouder of our staff for their hard work.



Desi McBride

- **Jodi Stokes**, our Fitness and Youth Activities Director, and her staff have implemented some great youth and fitness classes that are wonderful and beginning in April, we will have a **Youth Activities Calendar** to help you keep up with all the different programs available.
- **Alisa Powell**, our Food and Beverage Director has implemented a new menu, which I feel is excellent and I have seen a great improvement in the food quality over the last few weeks. She is now going to work with the staff to speed up service and improve the level of service at The Café and I am thrilled with her new staff and feel that you will notice a big difference in The Café.
- **Darren and his staff** have continued to offer great tennis programs and the latest hit is the **Tennis, No Experience Necessary** Classes.
- **Armando Guillen**, our new Director of Maintenance and his staff are sanding and staining all of our lounges, tables and chairs, and working with his staff to continue improving the overall look and cleanliness of The Paseo Club. I believe he and his staff will make the Club continue to look more and more beautiful.
- **Betsy Pease**, our Office Manager, and her **Kids Corner staff** have done an excellent job of taking care of all of our bundles of joy. Our Front Desk Staff, also led by Betsy Pease have done a wonderful job of always being friendly and trying to start each member's visit out with a smile. They are also working to keep the members informed on all that is happening and helping in any way they can. Betsy not only supervises the Front Desk and Kids Corner Staff, but also takes care of all the member charging and accounting duties and does it superbly.

I would like to take this opportunity to thank our extremely dedicated and reliable employees! It is a joy to work with such wonderful and hard working people and what you do is greatly appreciated!

See you soon!

Desi McBride, General Manager and Owner

Membership & Events

I am happy to report that the membership referral program has really been working well with many of you participating in the program. **April's membership referral** program is the following: Anyone that refers a prospect to take a tour receives a ticket to win the **Grand prize** of a weekend trip to **Bacara resort in Santa Barbara**. If your friend joins during the month then you will receive another ticket for a **chance at this wonderful trip!!!**



Steve McAvoy

The next month is going to be awesome with a **Spring Fling Social** on **April 22nd** with tennis, games for kids, music, food and drinks. It should be a blast, so sign up early. Then, the first week of May will be our **Second Annual Cinco de Mayo Social** that will be fun for the entire family. Look for details on line or at the front desk. Sign up early so you ensure a place for you and your family.

We are really going to a make a strong effort on getting the information out earlier and communicate to our members about the incredible offerings at **The Paseo Club!!!** The Summer is going to be busy so mark your calendars and get ready to **PARTY!!!!**

Sincerely,

Stephen McAvoy,

Marketing Director and Owner



The Paseo Club's Tennis Program

Winter and the rain has come and gone and we are ready to spring into action! Winter in-house leagues were a huge success with participation continuing to increase. The new in-leagues are scheduled to begin the week of April 18th so please sign up at the front desk or contact Brad Sceney here at the club. U.S.T.A leagues are also underway so if you interested in playing, please contact me and I will try to set you up with the appropriate captain.



Darren Miller

The time has come to prepare for Summer Tennis Camp! We are trying to build on the success of last year's camp and believe that it is only going to get better and better. Camp is offered from 11 a.m.'- 4 p.m. every day of the week. Boys and girls ages 5 and up are encouraged to participate. Whether your child is just beginning or has been playing already, the pros will help them with their technique, strategy, conditioning and most importantly to love this sport of a lifetime! For more information, please contact me or visit our website at www.thepaseoclub.com/member/tennis.

THE FOLLOWING EVENTS ARE SCHEDULED FOR APRIL:

- ❖ Pro/Am Tournament - Sunday, April 17th
- ❖ Club Championships Member Guest Social – Friday, April 22nd
- ❖ Club Adult Singles Championships – Saturday/Sunday, April 23-24th

Just a reminder that we now offer Men's' and Women's singles, doubles and mixed ladders so if you are interested please contact Pat here at the club. These are a great way to get competition, exercise and to meet new members around your same ability level.



WORK HARD....PLAY SMART! Darren Miller, Assistant General Manager/Director of Tennis

Fitness Center

Happy April Everyone,
We know that it can get a little busy in the fitness center at times so we are hoping you will join us in our **"Workout without Walls"** campaign.



Jodi Stokes

We have so many wonderful FREE outside and inside classes on the schedule that we want you to come and try. We will be adding Water Exercise classes again in April, we will begin our 12 weeks to triathlon training which is only \$12 per week.

We will begin a Martial Arts/Self Defense class in the evenings and we have started a Bridge Club on Mondays at 12pm in the activities tent, to mention a few.

Our Youth Activities are growing by the dozens. This month we have 2 FREE classes; Fun w/ Ally at 11:30am on Sundays. We will have dough and bubble time, crab soccer, messy art day and much more. For those of you who have a hard time getting your kids away from cartoons so you can workout, bring them here, PJ's and all, Saturdays 8-10am. Martial Arts for kids will begin in April at 11:00am \$40 per month with our new trainer Brett, who has 20 years experience in the field.

Swim lesson are starting now also. For more information call Nikki at the Santa Clarita Swim Club.

Please also remember to be courteous to all members when your kids are in the Fitness Center. Your children must be supervised at all times (that means next to you). If they are just walking on the treadmill and watching cartoons they may want to watch them in the activities tent or the loggia.

Lastly, sign up for Sports/Tennis Camp today. Spots are going fast!

Be Healthy and Happy,
Jodi Stokes, Fitness Director



Calendar of Events

April

3	Santa Clarita Valley Neighbor Block Party Open House	TBA
4	NCAA Championship Basketball Game Party	5:00pm
10	Pro/Am Tennis Tournament	All Day
12	Twelve weeks to triathlon training	TBA
16	Super Instructor Saturday	8:00am
20	Golf Club Meets at TPC	1pm
22	Member/Guest Social	7-10 p.m.
	Ojai Tennis Tournament Road Trip	All Day
	Evening Swimming Club Starts	TBA
23 & 24	Club Adult Singles Championships	All Day

May

6	Cinco de Mayo Social	5-10 p.m.
8	Mother's Day Brunch	11am - 1pm
9	Mother's Day Drill	9 - 2 p.m.
14,15 & 21,22	USTA Adult Tennis Tournament	TBD
18	Golf Club Meets at TPC	1pm
21	Taste of Valencia at Paseo – Local Restaurants	
21	Nutrition Lecture Tami Hulcher	11am
22	Circle of Hope – Lake Castaic – Walking for Hope 5k	8:30am
27	Member/Guest Social	7-10 p.m.
30	Memorial Day Pool Party	12pm - 4pm

Which serve is more important, 1st or 2nd?

G'day members, hope all is going well. I get the feeling that warmer temperatures are around the corner. I was promised sunshine when I moved to California, or so it said on the flyer. Anyway, this is not about me! I would like to take some time to discuss serving. A lot of debate goes on regarding which serve is more important, 1st or 2nd. If you can make your 1st then who needs a second, but I don't know of too many people that make more than 60% of their 1st serves. Therefore you end up serving a ton of 2nd serves per match. I have seen many people in my time serve the 1st at 120 miles an hour, miss it of course, and then serve the 2nd at about 20 miles an hour. What is the point of even going after the 1st serve?



To the club player a good serve generally means pace. To a pro (playing or teaching) a good serve generally means a variety of pace, placement and spins. If you continue to serve at the same speed all the time with no variation, eventually your opponent should pick up on how to return the ball. If on the other hand the returner is constantly unsure of what to expect, they can get no rhythm. I have heard the excuse many a time of "If I spin the ball in the opponent will kill it because its slow". Well let me tell you, the ball is only slow compared to your hard flat serve that rarely goes in anyway. I would be more than happy to make a slow spin serve that goes in then a flat hard serve that doesn't. The aggressiveness to the spin serve is precisely that, the spin. The ball is never traveling in a straight line, the ball is spinning off the court at different angles and also spinning off your opponents racquet if they don't negate the spin.

Your ability to hit spin serves comes down to this. You have to move to a continental grip(ask your pro where this is). This grip will automatically give you the ability to spin the ball. I am giving no guarantees on immediate success, it takes practice. But too many club players serve in what we call a fry pan grip. It only gives you the ability to hit flat. So if you decide to get the continental grip, or already have it, remember this. Swing at the same speed you would for a flat hard serve, the ball will not come off the racquet as quick, but the faster you swing through at the ball, the spin you will impart on the ball, thus making it more difficult for the returner. The biggest mistake I see is players trying to spin the ball yet slowing down their racquet head speed through contact. Keep the racquet head speed up.

If you can now mix in flat serves, spin serves and with placement you have your serve now as a legitimate weapon because you have variety. Also with the use of spin you will feel more confident about 2nd serves. To know you have an effective 2nd serve should give you all the confidence in the world to go after your 1st serve more because the back-up is, although not as fast, still effective because of its spin. So the 1st step members, is to get that grip switched, then put some time into it. Accolades to **Lisa Onuscheck** and **Courtney Kaska**, who I have spotted regularly serving baskets of balls at a time! So practice up members and start to provide great service, with a smile!

Cheers, **Brad Sceney**, Head Teaching Professional

Junior Development

On March 19-21, The Paseo Club completed its 1st annual tennis road trip to Bakersfield. Juniors from Calabasas and North Ranch Country Club joined our juniors for a weekend of competitive tennis at the 54th Annual Bakersfield Tennis Tournament. Highlights from the weekend go to Cassie and Alexa Strange, Courtney Kaska, Monique Palmera and Michelle Stock.



Katy Sceney

Cassie was a finalist in the Girls 18 singles, while her twin sister Alexa was a finalist in the consolation of the Girls 18 singles. Both girls paired up to get to the finals of the Girls 18 doubles as well. Courtney was a consolation finalist in the Girls 14 singles division and Monique and Michelle were finalists in the Girls 16 doubles. These are very successful results for our juniors so a big CONGRATULATIONS to them! We hope to keep this road trip a tradition every year. The Saturday Junior Challenge was cancelled on March 19 due to rain and will be rescheduled for April 2. Sign-ups and questions can be answered by Ellian.

Juniors, please remember to use your "Bring a Friend Free" day pass before April 29. This pass allows your friends who are members or non-members to try out one of the junior programs Monday-Friday for free. Any questions can be answered by contacting Brad or myself.

Thanks to all the juniors and parents who keep our program going strong. If you are running out of days and need to sign up for more, please do so at the front desk. Keep working hard!

Keep up the hard work!

Katy Sceney, Director of Junior Development

Employee Spotlight

Mo Massoud- Mo is one of our fitness trainers in the fitness center. Mo started with us in the Summer of 2004 with our sports camp program. He did an incredible job and the kids absolutely loved him. He has been an enthusiastic and motivating team player, helping out in all areas of the club including Boot Camps and our triathlon. When he joined the personal training team he quickly advanced to top producer with his Happy Hour Training and Fitness 101 programs. He loves football and is an excellent player who currently plays semi professionally as both quarterback and linebacker. **Congratulations** Mo for being our employee of the month!



The Paseo Club Café

Dear Members,

What a wonderful March we had. I would like to thank all of the members who came out for the St. Patrick's Day Party, Saturday Brunch, and the Easter Brunch.

I am very proud of our terrific new staff. We will continue to put on the best events for our members.



Alisa Powell

This month we are very busy with member parties including kids and adult birthday parties, a sweet 16, and a quincinera. Please let me know if you need help planning your next social event. We will also have two fun events for the members this month.

On April 17th make sure to come to the club from 9-12 and enjoy a poolside breakfast buffet including an omelet bar for \$10 per person.



Also on April 22nd come with your friends, a tennis racket, and an appetite for our April Member Guest Party.

Happy Spring!

Alisa Powell

Food and Beverage Manager

Member Spotlight

Our Member Spotlight this month goes to **Kevin and Christie Abercrombie**. Kevin and Christie are almost daily visitors, either utilizing the gym (we need more weights for Kevin) or participating in tennis classes. Christie is a regular to 6a.m BOOT CAMP ...OUCH! Along with this, the happy couple were recently married on March 13th to prove that love does happen on a tennis court. **CONGRATULATIONS** on your marriage, and congratulations for being this month's Member Spotlight. Thank you for being such wonderful members here at The Paseo Club.



The Paseo Club *"Bringing the Family Together"*

