



THE PASEO CLUB
VALENCIA

Pilates Room Schedule

2/1/19

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30 am - 6:30 am All Levels Reformer Cezanne		5:30 am - 6:30 am All Levels Reformer Cezanne			
8:30 - 9:30 am Gold Member Reformer Lawren	8:30 am - 9:30 am All Levels Reformer Trish	8:30am - 9:30 am All Levels Reformer Melanie	8:30 am - 9:30 am All Levels Reformer Trish			
10:00 am - 11:00am Level 2/3 Reformer Ashley	9:30 am - 10:30 am <i>Pilates Body Makeover</i> *Nadine weeks \$199	10:00 am - 11:00 am Barre-Lates Ashley	9:30 am - 10:30 am <i>Pilates Body Makeover</i> starts 2/5 *Nadine	10:00 am - 11:00 am Level 2/3 Reformer Ashley	9:45 am -11:00 am Total Body Reformer Cezanne	10:00 am - 11:00 am Athletic Stretch Reformer Rana
	10:45am - 11:45 am Gold Member Reformer Lawren				11:00 am - 12:00 pm Gold Member Reformer Gwen	
	5:00 pm -6:00pm Gold Member Reformer Jodi		5:00 pm - 6:00 pm Gold Member Reformer Rana			
	6:00 pm - 7:30 pm **Mind Body Program Ashley \$200 4 weeks	<runs 2/5 - 2/28 >	6:00 pm - 7:30 pm **Mind Body Program Ashley \$200 4 weeks	6:00 pm - 8:30 pm Pilates & Pinot Rana 2/22 \$45		
				^ 55 min pilates class Followed by wine	& appetizers in the	Loggia

Class Price: \$22 \$30 non-member Packages available 12 hour Cancellation & No Show Policy: \$22 regular, \$10 Gold

* 4 week Programs with Nadine and Ashley Start February 5th & Cost \$200 Sign up at the Front Desk