



**THE PASEO CLUB**  
VALENCIA

# Pilates Room Schedule

5/1/19

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30 am - 6:30 am All Levels Reformer Cezanne		5:30 am - 6:30 am All Levels Reformer Cezanne			
8:30 - 9:30 am Gold Member Reformer Lawren	8:30 am - 9:30 am All Levels Reformer Trish	8:30am - 9:30 am All Levels Reformer Melanie	8:30 am - 9:30 am All Levels Reformer Trish		8:30 am - 9:30 am Beginning Pilates Luciana	
10:00 am - 11:00am Level 2/3 Reformer Ashley	9:30 am - 10:30 am <i>Pilates Body Makeover</i> *Nadine Starts 4/30\$199	10:00 am - 11:00 am Barre-Lates Ashley	9:30 am - 10:30 am <i>Pilates Body Makeover</i> *Nadine Starts 4/30 \$199	10:00 am - 11:00 am Level 2/3 Reformer Ashley	9:45 am -11:00 am Total Body Reformer Cezanne	10:00 am - 11:00 am Athletic Stretch Reformer Rana
	10:45am - 11:45 am Gold Member Reformer Lawren				11:00 am - 12:00 pm Gold Member Reformer Gwen	
5:00 pm - 6:00 pm All Levels Reformer Cezanne	5:00 pm -6:00pm Gold Member Reformer Jodi	5:00 pm - 6:00 pm All Levels Reformer Cezanne	5:00 pm - 6:00 pm Gold Member Reformer Luciana			
	6:00 pm - 7:00 pm All Levels Reformer Luciana		6:00 pm - 7:00 pm All Levels Reformer Luciana			

Class Price: \$22    \$32 non-member (one time only)    Packages Available    12 hr. cancellation policy, (\$22 reg fee, \$10 Gold fee)  
\* 4 week Program with Nadine starts 4/30 and cost \$199