



Adult Tennis Drill Classes

Monday

| | | | |
|---------------------|--------------------------------|-------------------|----------|
| 7:00 am to 8:30 am | Technique and Cardio | Coed 3.5 | Aleksey |
| 8:30 am to 10:00 am | Drill Class | Ladies 3.5 to 4.0 | Brittany |
| 9:00 am to 10:30 am | Drill Class | Coed 3.5 to 4.0 | Dina |
| 6:30 pm to 8:00 pm | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |
| 8:00 pm to 9:00 pm | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |

Tuesday

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|---------------------|----------------------------|-----------------|------|
| 9:30 am to 11:00 am | Drill Class | Coed 4.0 | Dina |
| 6:00 pm to 7:00 pm | Free Beginning Drill Class | Beginning/Rusty | KP |

Wednesday

| | | | |
|---------------------------------|--------------------------------|-----------------|---------|
| 7:00 am to 8:30 am | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |
| 8:00 am to 9:30 am | Drill Class | Men 4.0+ | Dina |
| 9:00 am to 10:00 am Coach KP | Cardio Tennis | Ladies 3.0+ | |
| 9:30 am to 11:00 am | Drill Class | Coed 3.5 to 4.0 | Dina |
| 6:00 pm to 7:00 pm | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |

Thursday

| | | | |
|----------------------|----------------------------|-----------------|----------|
| 9:00 am to 10:30 am | Drill Class | Ladies 3.0-3.5 | Brittany |
| 9:00 am to 10:30 am | Drill Class | Coed 3.5 to 4.0 | Dina |
| 10:00 am to 11:00 am | Free Beginning Drill Class | Beginning/Rusty | Jen |

Friday

| | | | |
|---------------------|--------------------------------|-----------------|----------|
| 7:00 am to 8:30 am | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |
| 9:00 am to 10:30 am | Drill Class | Coed 3.5+ | Brittany |
| 9:00 am to 10:30 am | Drill Class | Coed 4.0+ | Dina |

Saturday

| | | | |
|---------------------|--------------------------------|-----------------|---------|
| 7:00 am to 8:30 am | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |
| 8:30 am to 10:00 am | Aleksey's Technique and Cardio | Coed All Levels | Aleksey |

Sunday

| | | | |
|---------------------|----------------------------|-----------------|--------|
| 9:30 am to 11:00 am | Drill Class | Coed 3.0 to 3.5 | Darren |
| 9:00 am to 10:00 am | Free Beginning Drill Class | Beginning/Rusty | KP |

Cost of classes are \$22 per hour or \$33 per 90 minute class.

To sign up for a Drill Class, contact the Tennis Pro who teaches the class.