



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am - 9:00 am Masters Swim Jimmy		6:00 am - 9:00 am Masters Swim Jimmy		6:00 am - 9:00 am Masters Swim Jimmy	8:00 am - 9:00 am * Tennis Drill 4.0 + Bob
7:00 am - 8:00 am All Levels Reformer Sarah	7:00 am - 8:00 am All Levels Reformer Melanie	7:00 am - 8:00 am All Levels Reformer Sarah	7:00am - 7:45am Pilates Stretch Sarah	7:00am- 7:45am Level 2/3 Reformer Lynette	8:30 am - 9:30 am Level 2/3 Reformer Sarah
					9:00 am - 10:00 am * Cardio Tennis KP
8:30 am - 9:15 am All Levels Reformer Lawren	8:30 am - 9:15 am Level 2/3 Reformer Trish	8:30 am - 9:30 am All Levels Reformer Melanie	8:30 am - 9:15 am Level 2/3 Reformer Trish	8:30 am - 9:30 am Level 2/3 Reformer Lawren	9:45am - 10:45am All Levels Reformer Cezanne
9:00 am - 10:00 am *Tennis Drill 3.0-3.5 KP	9:00 am - 10:00am Pickleball Drop in Moose	9:00 am - 10:00am Pickleball Drop in Moose	9:00 am - 10:00am Pickleball Drop in Moose	9:00 am - 10:00 am *Tennis Drill 3.0-3.5 Rene	10:00 am - 11:00 pm *Tennis Drill 3.0-3.5 Bob
9:30 am - 10:30 am Level 2/3 Reformer Lawren	9:45 am - 10:30am All Levels Reformer Lawren	9:45 am- 10:45am Level 2/3 Reformer Cezanne	9:45 am - 10:45am All Levels Reformer Melanie	9:00 am - 10:00 am Pickleball Drop in Moose	11:15 am - 12:00pm All Levels Reformer Gwen
12:00 pm - 12:45 pm Pilates Stretch Sarah	10:00 am - 11:00 am *Tennis Drill 3.5-4.0 Jackie	10:00 am - 11:00 am *Tennis Drill 2.5-3.0 Darren		9:45 am - 10:15 am Jump Board Express Lawren	Sunday 8:30am - 9:30 am Level 2/3 Reformer Sarah
	10:45am -11:45 am Level 2/3 Reformer Lawren			10:30am - 11:30am Level 2/3 Reformer Lynette	9:45am - 10:15am Pilates Stretch Sarah
5:00 pm - 5:45 pm All Levels Reformer Cezanne	5:00 pm - 5:45 pm All Levels Reformer Jodi		5:00 pm - 5:45 pm All Levels Reformer Luciana	10:00 am - 11:00 am *Tennis Drill 4.0 Moose/Darren	10:00 am-11:00am *Tennis Drill 3.5-4.0 Gabe
6:00 pm - 7:00 pm *Tennis Drill 3.5-4.0 Jackie	6:00 pm - 7:00 pm Level 2/3 Reformer Luciana	5:00 pm - 5:45 pm All Levels Reformer Cezanne	6:00 pm - 7:00 pm Level 2/3 Reformer Luciana	5:00pm - 6:00pm *Tennis Drill 2.0-2.5 Gabe	10:45am - 11:30am Pilates Intro Sarah
6:00pm -7:00pm *Tennis Drill 3.0-3.5 KP	6:00 pm - 7:00 pm *Tennis Drill 3.0-3.5 Bob	6:00 pm - 7:00 pm *Tennis Drill 2.0 - 2.5 KP	6:00 pm - 7:00 pm *Tennis Drill 3.0-3.5 Kp/Jackie	6:00pm-7:00pm *Tennis Drill 3.0-3.5 Gabe	
6:00 pm - 6:45pm Level 2/3 Reformer Trish	6:00 - 7:00 pm *Tennis Drill 4.0+ Rene	6:00 pm - 7:00 pm *Tennis Drill 3.5-4.0 Bob	<p>*Tennis Drills are for full platinum members only. Non Platinum Cost: \$22 per class Platinum Add on is \$129/month A fee of \$20 will be assessed for all no shows and \$10 for all cancellations less then 6 hours prior.</p>		
	7:00 - 8:00 pm *Tennis Drill 2.5-3.0 Jackie	6:00 pm - 6:45pm Level 2/3 Reformer Trish			